



COVID-19 Resources

Listed below are online resources with information on the coronavirus 2019 (COVID-19) outbreak and prevention, as well as advice on how to talk to children about it. To access the websites, please click on the links below.

The Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-ncov>

<https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>

<https://twitter.com/CDCgov>

State & Territorial Health Department Websites

<https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>

The World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

<https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

<https://www.who.int/health-topics/coronavirus>

<https://twitter.com/WHO>

Children and the Coronavirus

<https://childmind.org/article/talking-to-kids-about-the-coronavirus>

ACCESSING YOUR BENEFITS

Accessing your EAP benefits begins with a call to BHS.



Your BHS Care Coordinator is available Monday-Friday from 7:00 am—5:30 pm CT by calling 800-245-1150.

For more information, visit:
behavioralhealthsystems.com.
Login to MemberAccess to learn more about your EAP.



Children and the Coronavirus Continued

<https://www.nbcnews.com/better/lifestyle/how-talk-your-kids-about-coronavirus-ease-their-fears-ncna1129851>

<https://www.healthline.com/health-news/how-to-talk-to-kids-about-the-coronavirus>

<https://parenting.nytimes.com/childrens-health/coronavirus-kids-talk>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/children-faq.html>

<https://kidshealth.org/en/parents/hand-washing.html>

<https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx>

<https://www.npr.org/2020/03/13/814615866/coronavirus-and-parenting-what-you-need-to-know-now>

WebMD

<https://www.webmd.com/lung/coronavirus#1>

National Institutes of Health

<https://www.nih.gov/health-information/coronavirus>

Medical News Today

<https://www.medicalnewstoday.com/articles/256521>

Mayo Clinic

<https://www.mayoclinic.org/diseases-conditions/coronavirus/expert-answers/novel-coronavirus/faq-20478727>

If you are feeling overwhelmed by stress and anxiety, your BHS Care Coordinator can assist you with finding a BHS provider. The call and treatment are confidential. Call BHS at 800-245-1150 to speak with your Care Coordinator.



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