

MemberAccess



Employer ID: DORM



State of AL's Employee Assistance Program (EAP)

The State of Alabama is pleased to offer an expanded Employee Assistance Program through TELUS Health. Your EAP provides counseling services to employees, dependents and their families.

Many people think that the EAP only covers behavioral, mental health and substance abuse issues, but the EAP through TELUS Health covers services for a variety of situations, including work/life balance, stress, financial and eldercare guidance.

Employee Assistance Program (EAP) benefits include:

- ✓ Five (5) visits/consultations per plan year
- ✓ Coverage for: marriage & family, stress, financial and work/life balance
- ✓ MemberAccess portal MemberAccess.BehavioralHealthSystems.com Employer ID: DORM

There are never any claims to file and EAP visits are covered at 100%. Your use of the EAP is completely confidential. In addition to referrals for assessment or counseling services, your TELUS Health Care Coordinator can assist in determining the appropriateness and availability of community resources, such as support groups, that may be beneficial.

Your Care Coordinator: Stormi White, MS, LMSW, is the State of Alabama-designated Health Care Coordinator. Stormi can assist with benefits, eligibility, provider availability and issues such as:

- Stress management
- Personal relationships
- Marriage/family
- Parent-child conflict
- Grief
- Coping
- Depression & anxiety
- Work-related problems
- Alcohol & drug abuse
- Life transition
- Financial



Stormi White
MS, LMSW

TELUS Health is available by calling **800-245-1150** or visiting MemberAccess.BehavioralHealthSystems.com (MemberAccess, Employer ID: **DORM**)